



Warwick Workouts
Advanced Offensive Player Development Camps and Clinics

Powered by **Avera**
Sports

Girls Competition Workout – Sioux Falls

Dec. 30th

Location: Avera Sports Center

209 W Anchor Lane, Sioux Falls

Workout Description:

Warwick Workouts Girls Competition Workout will be focused on reading and reacting to ball screens. Athletes will learn the tools to attack off of a ball screen or pull up into their shot. There will also be a large emphasis on ball handling and shooting. Communication, hard work, and competitiveness will be essential for this workout.

Elementary Girls (3rd-5th Grade)

Sat., Dec. 30th 9:00am-10:15am

Junior High Girls (6th-8th Grade)

Sat., Dec. 30th 10:30am-12:00pm

All athletes will receive a
Warwick Workouts
t-shirt!

Cost: \$35

To Register for the Girls Competition Workout

Visit our website at www.WarwickWorkouts.com

Find your camp under the **REGISTER HERE** tab.

Payment can be accepted at the time of registration.

For more information on this camp contact
Tessa Wells (651) 587-1669 or Tessa.wells@avera.org

The Ultimate Camp Experience



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